

Healthy Smile Dental Clinic Newsletter

TEETH BLEACHING



Even if you brush and floss your teeth thoroughly every day, you may notice your smile begins to lose its sparkle over time. Proper oral hygiene can go a long way to preventing stains, but things like aging, medications, coffee, tea and even some of your favorite foods can all contribute to tooth discoloration or yellowing.

If you've considered whitening your teeth, you may already know the professional teeth whitening cost can be high — much more expensive than at-home alternatives. But in-office teeth whitening is one of the safest and most effective whitening methods there is.

What makes professional whitening DIFFERENT?

Many forms of teeth whitening, over-the-counter (OTC) products, and professionally applied treatments at your dental office, contain carbamide or hydrogen peroxide as their primary bleaching agent. But the composition of chairside bleaching is what often separates it from the rest, making professional teeth whitening cost a bit higher as a result.

Unlike at-home whitening kits, which contain low-dose bleaching agents, professional in-office whitening procedures are carefully monitored and contain a higher concentration of bleaching gel. Results are therefore visible immediately rather than several weeks afterwards. At-home products are intended for use over two- to four-week period, whereas in-office professional procedure is usually completed in about one hour.

Everyone considering whitening treatment should have a dental examination to ensure their gums and teeth are healthy enough for bleaching, and in order to determine whether their type of staining or discoloration can be improved. Tooth discoloration may be caused by a specific underlying disease or condition, so see your dental practitioner before brightening your smile.

Is Professional Whitening Worth It For You?

Once you've visited your dental practitioner and have been cleared for teeth whitening, choosing a method to use is a matter of your budget and personal preference, if you're looking for fast results, professional in-office whitening is your best option.

What we offer:

Product:

Zoom Dash Teeth Whitening
– 30% hydrogen peroxide.

The gel is applied directly from a syringe to your teeth. It also includes a special oral gel called Relief ACP- containing amorphous calcium phosphate, potassium nitrate & fluoride, ingredients that are proven to be beneficial to teeth and for relieving sensitivity.

The whitening gel is applied and left for 20 minutes. A total of six 20 minute cycles will apply for each patient over two days, however, this is dependent on results and other factors such as discomfort/sensitivity. Two hours of dash teeth whitening results in **up to 4** shades lighter.

****A dental cleaning is recommended prior to teeth whitening procedures****

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